



Frank Vulcano, Jr. Home  
Tournament Director  
225 Fair Meadow Circle  
Houston, PA 15342

724.746.3671  
Cell 412.298.5247  
Work 412.429.2244  
Fax 412.429.3754

Email: [vulcanojr@hotmail.com](mailto:vulcanojr@hotmail.com)  
[www.poweradewrestling.com](http://www.poweradewrestling.com)

## JUNIOR VARSITY Wrestling Tournament

**DATE:** Monday, December 28, 2009

**PLACE:** Canon McMillan High School

**WEIGH-INS:** 11:30 a.m. - 12:00 p.m.

**TIME:** 1:00 p.m.

**FORMAT:** Double Elimination

**COST:** \$ 15.00 per wrestler, \$ 150.00 per team of 10-14 wrestlers, \$ 200.00 per team of 15-19 wrestlers, or \$ 250.00 per team of 20 or more.

**Make checks payable to:** Powerade Christmas Wrestling Tournament

**Send to:** Frank Vulcano, Jr.  
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**AWARDS:** Powerade T-Shirt for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> places.  
Medal for 1<sup>st</sup> place.

**WEIGHTS:** 14 weight classes. Teams **MAY** enter more than one (1) wrestler per weight class.  
(103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285)

**ENTRY:** Names of wrestlers and weight classes should be emailed to [vulcanojr@hotmail.com](mailto:vulcanojr@hotmail.com) by 9:00 p.m. on Sunday, December 27, 2009.

**QUESTIONS:** Frank Vulcano, Jr.  
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Office 412-429-2244  
Cell 412-298-5247